

## 5 Key Crystals for Manifesting Your Utmost Desires

We're led to believe that hard work, determination, and focus are the only means to achieve our greatest desires. We're raised with the knowledge that we are victims or profitters of what the universe delivers to us and that's just how it is. Little regard is given to the influence we can have on that process.

We can effectively attract our desires to us through the concept of manifestation. Some of us may have already heard of *The Law of Attraction*-- the idea of simply attracting what we want out of life and, then, receiving it-- and cynically laughed it off, returning to hard work and the setting of goals on paper. But is it possible that simply not enough people are practicing manifestation, allowing those who do to profit from it?

### What is manifestation?

Manifestation is the centuries-old technique of focusing on goals and desires so intently, that the universe has no choice but to deliver this energy as a reality to you. It's a simple phenomenon that supports other concepts such as karma, "what goes around comes around", and that what you put out into the universe will come back to you ten-fold. It's taking what was formerly just an aspirational thought and morphing it into actuality by focus and energy alone.

For decades, people have utilized mindfulness and manifestation to find love, wealth, inspiration, or enhanced intuition.

### Why crystals?

While manifestation is a process, crystals are tangible objects that support the concept. Crystals naturally support healing and transformation. From massages to meditation, crystals are often associated with relaxation and rejuvenation. They represent the idea of taking a broken ideal and repairing it, in whatever form that may look like. Crystals naturally exude an energy that has the power to heal you mentally, emotionally, and even physically. The use of crystals to support the manifestation of your greatest desires will assist in amplifying the energy to the universe and therefore increasing the quality of your request.

Let's take a look at some of the most popular crystals and the dreams they can help turn into reality.

### Mindset with Clear Quartz

Need a minute? Can't clear your head? Need to meditate? Overthinking everything? Seek out Clear Quartz. The master of healing crystals, Clear Quartz is the go-to for meditation and focus.

Also an enhancement for psychic abilities, Clear Quartz has impressive impacts on the mind from improved memory to immune system stimulation to clarity and the elimination of mind fog. It's a true necessity for inner peace and wellness.

Use this crystal where you are most likely to meditate.

## Citrine for Wealth

Citrine's name supports its appearance: bright and golden. It's no wonder why this is the resource crystal for wealth and abundance.

You'll want to place your Citrine crystal in the area where you desire the most financial outcome. For example, if you wish to leave your corporate job in advertising to become an ice cream shop owner, you want to put the crystal atop your entrepreneurial brainstorming sessions as opposed to your advertising workspace.

You could also opt to carry the Citrine crystal on your person to manifest a wealthy encounter in your everyday life.

## Spirituality with Amethyst

For those who simply want to get in touch with their more spiritual side, rely on the calming energy of an Amethyst. Like the healing Crystal Quartz, the Amethyst is known for relieving anxiety and providing an undiscovered level of clarity that can help resolve issues both internally and in your day-to-day.

Meditating with amethyst can send your mind to a peaceful level open to receipt of a spiritual awakening.

Can't shake a bad feeling? The Amethyst is also an effective means of relieving negative energy as a whole.

## Artistic Inspiration with Carnelian

Have writer's block? Can't come up with your next great painting setting? Not sure which combination of colors to use on your next knitted scarf? Seek out the Carnelian crystal.

Get in touch with your utmost creative potential and inspiration by meditating with the use of the Carnelian. It is best placed in your most creative space, such as at your writer's desk, within your studio, or even outside where you mostly practice your talents. Viewed as a natural stimulant, the energy of the Carnelian will lead you to creative success.

## Love with Rose Quartz

While love spells are centuries old, the use of the Rose Quartz is a safe, fun way of attracting romance to your life. Sometimes the struggle with finding romance is not so much a matter of being unable to find your soul mate, but an unwillingness to love someone you may have otherwise viewed as less than such.

Through the use of the Rose Quartz's energy, you can exude the desire to find a meaningful and passionate relationship. It will communicate open, loving energy from you to your prospective mates. Because of its capabilities, the Rose Quartz can even be used to increase the love you have for yourself, improving self-worth and confidence.

## Ask and You Shall Receive

Part of receiving your gift from the universe is being willing to receive it AND being able to interpret its delivery. The gift is not always as literal as you may hope. For example, if you ask the universe for an increase in wealth, it not be a winning lottery ticket that pops up in your life but instead a job opportunity that would lead to abundance. If asking for clarity and inspiration, your new "just-so-crazy-they-might-work" ideas should not be snubbed. If asking for courage and leadership qualities, look for

opportunities to show off these skills. Keep in mind that manifestation can have opposite effects as well, so remaining positive about your outcome is critical. It's like when they say that if you believe you will fail, you will fail indeed. The same concept applies. Believe in a positive, actual outcome, and it shall be.

There is no telling when or how your gifts may appear. What matters most is that you're open to receiving them.

And when do you, enjoy.